TRAININGSSCHEMA 2025-2026

maandag	team	18.15	18.30	18.45	19.00	19.15	19.30	19.45	20.00	20.15	20.30	20.45	21.00	21.15	21.30	21.45
18.30-19.15	JO8 & JO9															
18.30-19.30	JO10-1 & JO10-2		gras/kunstgras													
18.30-19.30	JO12															
19.15-20.15	MO15															
20.15-21.15	Dames															

dinsdag	team	18.15	18.30	18.45	19.00	19.15	19.30	19.45	20.00	20.15	20.30	20.45	21.00	21.15	21.30	
18.15-19.15	JO11															
18.45-19.45	JO13															
18.45-19.45	JO15															
19.15-20.15	JO17 & JO19															
20.00-21.30	1e selectie															
20.15-21.30	2e selectie															

woensdag	team	18.15	18.30	18.45	19.00	19.15	19.30	19.45	20.00	20.15	20.30	20.45	21.00	21.15	21.30	
18.30-19.15	JO8 & JO9															
18.30-19.30	JO10-1 & JO10-2		gras/kunstgras													
18.30-19.30	MO15															
19.15-20.15	JO12															
19.30-20.30	Dames															
20.15-21.15	35/45/50+															

donderdag	team	18.15	18.30	18.45	19.00	19.15	19.30	19.45	20.00	20.15	20.30	20.45	21.00	21.15	21.30	
18.15-19.15	JO11															
18.45-19.45	JO13															
18.45-19.45	JO15															
19.30-20.30	JO17 & JO19															
20.00-21.30	1e selectie															
20.15-21.30	2e/3e/4e															